

# AUM SPIRITUAL CENTER

158 S. Buena Vista St.

Hemet, CA 92543

Invites you with your Family and Friends for

Seminar on

## 'Healthy Diet for Healthy Lifestyle'

Presenting various delicious recipes & benefits of it

By Deepak Parekh

Sunday, December 10, 2017 5:00 to 7:00 pm

Open to All No Selling of Any Kind

RSVP is must as food is going to be prepared by them

## Christmas Tree Decoration

By Adults & Children

Sunday, December 17, 2017 12:00 to 2:00 pm

Enjoy Pizza Treat

Spiritual Discourse on

## NARI JAGRAN Women Emancipation &

## Yuva Kranti, Youth Awakening

By Dr. V. Tripathi ji from Shantikunj Haridwar

Sunday, December 17, 2017 2:00 to 5:00 pm

Prasad Will Be Served After The Program

Please RSVP for both Events for the count

Dr. Neelam Gupta 951-566-6568

Dr. Rakesh Gupta 951-566-6569

Sanjay Aggarwal 951 756-5457

Aika Patel 909-900-2483

Hemant Mehta 951-288-3317

Usha Aggarwal 951-907-8322